

The background of the entire page is a photograph of several people climbing a steep, rocky mountain peak. The scene is captured in silhouette against a bright, hazy sunset or sunrise sky, with the sun low on the horizon. The people are in various stages of ascent, with some reaching up to assist others. The overall mood is one of struggle, perseverance, and triumph.

*Overcoming the Hurdles of Life
Through the Power
of
Prayer, Worship and the Scriptures*

*Written by
Jasmine Ghala
British Columbia, Canada*

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*Cast your care on the Lord and He will sustain
you. He will never let the righteous fall
Psalm 55:22*

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Philippians 4:13 I can do all things through Christ which strengthens me. – KJV

Prayer: Dear Lord Jesus, I pray for all who read this book that you will bless them all and give them good health and prosper them in every walk of their lives. Lord, fill them with your Holy Spirit, give them power to forgive, a humble heart to receive forgiveness and help them experience your amazing peace, love, joy and wisdom. Amen!

FOREWORD

Overcoming the hurdles of life Through the power of prayer, worship and the scriptures

"For over 50 years, the primary focus of our Crossroads/100 Huntley Street television ministry has been to give a platform for people to share their own personal testimonies...stories of ordinary people who serve an extra-ordinary God. As I read this book by Jasmine Ghala, who has been a long-time supporter of our ministry, I began to praise God for being faithful to His promises to bless those who put their faith in Him, trusting Him in every area of their lives...like Jasmine. She has experienced the miracle-working power of God physically, financially, relationally, both in her home and work life. Through a series of personal stories, scriptures, and even prayers for those of us reading, you will be greatly uplifted to and your faith will be challenged to believe God for His supernatural working in your every-day life."

Rev. Ron Mainse
Co-Host, 100 Huntley Street
Spiritual Director,
Crossroads Christian
Communications Inc.

DEDICATION

Overcoming the Hurdles of Life Through the power of prayer, worship and the scriptures

This book is dedicated to the loving memory of my late parents Kundanlal and Taramati.

Their teachings and loving instructions have deeply influenced me and will remain with me all my life.

I thank my late husband for bringing me to the knowledge of the Lord and his companionship in worshipping the Lord every morning. His zeal to worship the Lord has deeply impacted me and I continue to cherish it in my life.

Jasmine Ghala
British Columbia, Canada

ACKNOWLEDGEMENT
Overcoming the hurdles of life
Through the power of prayer, worship and the scriptures

This book is the result of many answered prayers. I thank my heavenly Father, God the creator, the Lord Jesus Christ and the Holy Spirit for healing me from time to time, teaching me, changing my life and giving me his amazing peace, love, joy and inspiration to write.

I thank my parents Kundanlal and Taramati, whose sacrifices provided me with education which has helped me to write this book. I thank all the members of my family because they continued to provide me with education and support while I was a student, after the death of my father. Without their loving care and support in my education, I wouldn't have been able to write this book.

I thank my family members and friends for reading my book and giving me some valuable suggestions.

I thank the Government of Canada for accepting me, a foreigner, as a Canadian Citizen. I do not have the words to describe how grateful I am to be a Canadian Citizen and receiving many privileges as a Citizen. I am thankful to the Government of Canada and the Government of British Columbia for giving me a grant and an opportunity to take courses and for providing me with free child care while going to school. Because of the help from both Governments I found many opportunities in life which have also enabled me to write this book.



Jesus is Lord

Wind and waves obey him.